



Apricot Yoghurt Slice

Preparation Time:
15 minutes

Setting Time:
4-6 hours

No of Serves:
12-16 slices

Ingredients

- 2 cups (320g) chopped dried apricots
- 2 cups (200g) low fat toasted muesli
- 1/2 cup (50g) shredded coconut
- 2 x 9g sachets (1 pack) Jelly Lite Peach Apricot
- 1 cup (250ml) natural yoghurt

Ideal Products



Method

In a large bowl mix together the apricots, muesli & coconut. Dissolve the 2 x 9g sachets of jelly crystals in 250 ml hot water and stir through the muesli mix with yoghurt. Press mixture into a shallow tin and place in refrigerator to set for 4 to 6 hours. When set, cut into slices.