



Mango Yoghurt Crush

Preparation Time:
15 minutes

Setting Time:
6 hours

No of Serves:
6-8

Ingredients

- 1 x 9g sachet Jelly Lite Lime
- 1 ½ cups (375ml) vanilla yoghurt
- 1 x 400ml can diced mango, drained and diced

Method

Prepare jelly according to pack instructions and allow to cool completely without allowing to set. Fold yoghurt and mango through the jelly. Freeze mixture in a shallow container, beating mixture with a fork several times during freezing. Remove from freezer 40 minutes before serving, and crush with a fork. Serve icy chunks in large glasses.

Ideal Products

